

Autism Resources

Many of our patients (and staff) have children on the Spectrum and have found the following resources to be helpful in treating symptoms associated with these conditions. We hope you find the following list helpful.

1. Jody Caldwell, MD – She is part of a family practice group in Conroe. More information on her clinic can be found at <http://www.conroefamilypractice.org/>
2. Katy Autism Support Group – A great resource for any autism related issue. They meet regularly in Katy on certain Tuesdays of the month. <http://www.katyautismsupport.org/>
3. Houston Autism Resources and Support Group - This group's primary focus is providing resources, support, and other related information to caregivers and their families in a meet up format. <http://www.meetup.com/houstonautismresourcesandsupport/>
4. Dr. Robert Quillin, MD – A pediatrician in the Webster area, Dr. Quillin is an avid researcher studying nutrition, genetics, and treatment strategies in relation to Autism, ADHD and prevention of disease. <http://www.clinic4kids.com/dr-robert-quillin.html>
5. Fern Bryan, MA, LCSW – Fern runs The Spot for Social Learning which features Social Skills Training, using evidence-based methods. She also does academic and behavioural consultations for students with special needs. She works with elementary through high school aged kids. Several members of our staff have children that have worked with Fern and she is awesome. https://therapists.psychologytoday.com/rms/name/Fern_Bryan_MA,LCSW_Houston_Texas_207994

Book and website recommendations:

1. [Healing the New Childhood Epidemics: Autism, ADHD, Asthma, and Allergies: The Groundbreaking Program for the 4-A Disorders](#) by Kenneth Bock
2. Dr. Dan Rossignol – He is a pediatrician based in Florida with two kids on the Spectrum. The website for his clinic has tons of information on biomedical treatments for Autism as well as research he has performed. <http://www.rossignolmedicalcenter.com/>
3. Talk About Curing Autism (TACA) – A VERY thorough website with anything and everything concerning Autism Spectrum Disorders. <http://www.tacanow.org/family-resources/learning/>
4. Autism: Pathways to Recovery – A free Ebook from Amy Yasko detailing a treatment plan using certain genetic and metabolic testing, dietary changes and supplementation. <http://dramyyasko.com/wp-content/uploads/2012/01/Autism-Pathways-to-Recovery.pdf>

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